



TIP: Keep this page handy for next time you need care right away.

Where to Go for Healthcare

Your primary care doctor will usually be your go-to when you need routine healthcare. When you get sick or hurt, your first instinct may be to head straight to the emergency room, which can be expensive and inconvenient. Instead, use this chart to determine your best care option if you participate in one of our medical plans.



24/7 NURSELINE	VIRTUAL CARE	DOCTOR'S OFFICE VISIT	URGENT CARE	EMERGENCY ROOM
FREE	\$	\$\$	\$\$\$	\$\$\$\$
<p>Registered nurses on call to answer questions</p> <ul style="list-style-type: none"> • Minor cut or burn • Sick child • Headache • Fever • Asthma • Other chronic conditions 	<p>Doctors available 24/7 to help with minor illnesses</p> <ul style="list-style-type: none"> • Cold • Flu • Pinkeye • Urinary tract infection • Allergies 	<p>Your go-to resource for routine care and minor illnesses</p> <ul style="list-style-type: none"> • Preventive care • Minor illnesses such as cold/flu, sore throat, stomachache 	<p>Help for non-emergency conditions that need immediate attention</p> <ul style="list-style-type: none"> • Sprain • Rash • Severe sore throat • Minor fracture • Minor bleeding requiring stitches 	<p>Medical attention for life-threatening conditions</p> <ul style="list-style-type: none"> • Anaphylaxis • Chest pain • Blood loss • Broken bone • Stroke • Difficulty breathing • Loss of consciousness
<p>Call the Nurseline: 1-800-299-0274</p>	<p>Register for virtual care: MDLIVE.com/bcsil</p>	<p>Find an in-network provider: Visit bcsil.com or call 1-800-634-8644</p>	<p>Call 911 or go to the nearest emergency room</p>	